

# Art Institute of Permanent Cosmetics Pre-Treatment Advice

**E=eyeliner B=eyebrows L=lips P=paramedical**

(Your final result is largely dependent on following these instructions)

**EBLP** -No caffeine the day of procedure. We do not want any stimulants in the system. Your feeling will be amplified.

**EBLP** - No diet pills, Aderol, or medicine that stimulates the system for 48 hours prior.

**L** - If you have ever had a fever blister, please ask your doctor for medication to take 3 days prior to procedure and 4 days during healing.

**L** - If you cannot obtain a prescription medication, client may take L-lysine for 10 days prior to appointment and during healing. You will need to take 1000 mg a day. Please make sure this does not interfere with any health conditions or medications

**E** - If you are using Latisse for lash growth , please discontinue 7 days prior to appointment

**EL** - To help reduce swelling, bruising, inflammation: client may take Arnica Montana for 2 weeks prior to procedure. (This applies mostly to individuals with thin or mature skin or those who bruise easily.) Take 1000 mg per day

**ELB** - Please wear your makeup to the procedure so technician can observe the way you apply your desired makeup.

**ELB** - Please bring favorite brow or lip pencils as well as lipstick.

**L** - If you are having a lip procedure done, it is best to schedule after your menstrual cycle due to heightened sense of pain and bleeding.

**E** - Contact lenses must be removed prior to procedure and not put back in until following day.

**E** - You may have someone accompany you to the eyeliner procedure if you feel you may not be able to drive after procedure.

**EBLP** - Do not use aspirin, ibuprofen or any blood thinners for 7 days prior to procedure. You may take Tylenol.

**EBLP** - No alcohol for 48 hours before appointment. No vitamin E, fish oil or Omega 7 days prior.

**EBLP** - Antibiotics may prevent full color absorption. Please be off of them 7 days before procedure and 3 days after.

**EBLP** - Lyrica or other fibril myalgia medications prevent retention of color. You must be off this form of medication 7 days prior and 5 days after procedure.

**EB** - Do not dye lashes or brows within 48 hours of procedure. Wait one week after procedure to resume dyeing.

**BL** - Do not have Botox™ done within 4 weeks of procedure.

**L** - It is best to have lip procedures done 6 months after lip injections.

**EBLP** - Benadryl (2 tabs) must also be taken 30 minutes before procedure to keep down the body's histamine. If this makes you sleepy, please take 2 Zantac instead.

**BLP** - Do not wax or tweeze area for 48 hours prior to appointment.

**BLP** - Electrolysis should not be done within 5 days of procedure. Do not resume any method of hair removal for 1 week after. This includes waxing. Laser hair removal on face can remove pigment.

**EBLP** - You must not be pregnant. If you are diabetic, please consult with technician first. You must clear this procedure with your doctor.

**EB** - If you are experiencing severe allergies, cold or sickness, it is best to delay the procedure until later date.

**BLP** - You must wait 1 year after using Accutane to have a permanent makeup procedure. Please wait 4 weeks after any facial peels for your procedure

**EBLP** - If you have had an organ transplant you are not a candidate.

Be prepared for the color intensity of your procedure to be significantly brighter or darker, as well as larger and sharper, than what is expected for the final outcome. It will take time for this transition, 1 to 2 weeks for brows and eyeliner and six weeks for lips based on how quickly the outer layer of your skin exfoliates. Topical healing time for most procedures is 5-10 days. Healing time for the lower layers (dermis) is approximately 4-6 weeks. While these injected tones may initially simulate the exact color and tone desired, it will not always remain a perfect match. Injected tones are constant, while your own skin tones will vary depending on exposure to cold, heat, sun and circulatory changes.

One complimentary touch up is provided within 3 months of initial procedure. Future additional touch ups will be done for a nominal fee as follows (price per procedure):

Within 1 year \$75.00 1-3years \$100.00 3+ years \$150.00

\* This pricing is valid through December 31, 2014 (prices are subject to change based on discretion of technician)